

## 25.26 WRESTLING

### 25.26.1 COMPETITION DATES

October 26-30, 2025

### 25.26.2 COMPETITION VENUES

General Santos Foundation College Inc Gym

### 25.26.3 COMPETITION MANAGEMENT



Tournament Director	Lester Del Rosario
Asst. Tournament Director	
<b>WRESTLING ASSOCIATION OF THE PHILIPPINES</b> <i>National Wrestling Gym, 3rd floor, SMAP Bldg.,  Rizal Memorial Sports Complex, Manila</i>	

### 25.26.4 COMPETITION EVENTS

#### 25.26.4.1 Events

- 25.26.4.1.1 Wrestling Freestyle
- 25.26.4.1.2 Women's Wrestling
- 25.26.4.1.3 Wrestling Greco-Roman
- 25.26.4.1.4 Grappling Gi
- 25.26.4.1.5 Grappling No-Gi

#### 25.26.4.2 Events per Group

We shall have three (3) age groups for the wrestling events.

- 25.26.4.2.1 Kids 3 (12-13 years old)
- 25.26.4.2.2 U15 (14-15 years old)
- 25.26.4.2.3 U17 (16-17 years old)

#### 25.26.4.3 Weight Division

The weight division for the following age groups:

##### 25.26.4.3.1 For Wrestling Freestyle and Women's Wrestling

-	BOYS	GIRLS
Kids 3 (12 – 13 years old)	26kg, 32kg, 35kg, 38kg, 42kg, 47kg, 53kg, and 59kg	32kg, 36kg, 40kg, 44kg, 48kg, and 52kg
U15 (14 – 15 years old)	35kg, 41kg, 44kg, 48kg, 52kg, 57kg, 62kg, and 68kg	34kg, 38kg, 42kg, 46kg, 50kg, and 54kg

U17 (16 – 17 years old)	45kg, 48kg, 51kg, 55kg, 60kg, 65kg, 71kg, and 80kg	43kg, 46kg, 49kg, 53kg, 57kg, and 61kg
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#### 25.26.4.3.2 For Wrestling Greco-Roman

-	BOYS
Kids 3 (12 – 13 years old)	26kg, 32kg, 35kg, 38kg, 42kg, 47kg, 53kg, and 59kg
U15 (14 – 15 years old)	35kg, 41kg, 44kg, 48kg, 52kg, 57kg, 62kg, and 68kg
U17 (16 – 17 years old)	45kg, 48kg, 51kg, 55kg, 60kg, 65kg, 71kg, and 80kg

#### 25.26.4.3.3 For Grappling Gi and No-Gi

-	BOYS	GIRLS
U13 (12 – 13 years old)	35kg, 41kg, and 50kg	41kg, 45kg, and 48kg
U15 (14 – 15 years old)	47kg, 51kg, and 55kg	43kg, 47kg, and 51kg
CADETS (16 – 17 years old)	48kg, 54kg, and 58kg	45kg, 49kg, and 53kg

### 25.26.5 COMPETITION SCHEDULE

DATE	TIME	EVENT
October 24	ALL DAY	ARRIVAL
DAY 1 October 25	09:00 AM 10:00 AM 02:00 PM 03:00 PM	Team Managers' Meeting and Solidarity Meeting Technical Meeting and Draw Lots Assembly Time Parade & Opening Ceremony
DAY 2 October 26	07:00 AM 09:00 AM	<u>Greco-Roman</u> Weigh In Game Proper
DAY 3 October 27	07:00 AM 09:00 AM	<u>Freestyle (Men)</u> Weigh In Game Proper
DAY 4 October 28	07:00 AM 09:00 AM	<u>Women's Wrestling</u> Weigh In Game Proper



DAY 5 October 29	07:00 AM 09:00 AM  02:00 PM	<u>Grappling Gi &amp; Grappling No-Gi</u> Weigh In Game Proper  Awarding & Closing Ceremony
October 30	ALL DAY	DEPARTURE

## 25.26.6 COMPETITION RULES AND REGULATIONS

**25.26.6.1** The United World Wrestling (UWW) International rules, which all of our coaches are familiar with, will be strictly observed.

**25.26.6.2** We will be also using the new and updated rules of the UWW in this event:  
[https://cdn.uww.org/2023-01/wrestling\\_rules.pdf](https://cdn.uww.org/2023-01/wrestling_rules.pdf)

**25.26.6.3** There is a minimum of 4 athletes per weight category and will be awarded 1 gold, 1 silver, bronze. No double bronze category less than 7 athletes. Double bronze will be awarded to the category with a repechage and 8 athletes and up.

**25.26.6.3.1** In such cases of lone entries, the technical officials, in consultation with the coaches concerned, shall assign the particular athletes to a higher weight class where they will compete with the other participants.

**25.26.6.3.2** The technical officials, to the best of their ability, shall ensure that the wrestler will compete in another weight class that is only one category higher than his/her actual weight class – to avoid playing against a competitor who is two weight classes heavier for safety reasons.

**25.26.6.4** Each participant is allowed only thirty (30) minutes to make weight after he/she is first called to officially weigh in the scale.

**25.26.6.5** Each participant is required to wear a competition uniform upon entering the mats.

## 25.26.7 NUMBER OF ENTRIES (Per Event)

**25.26.7.1** Each LGU team is allowed to have one (1) participants per weight category in the event.

**25.26.7.2** All LGU teams must submit their final entries on 08 August 2025 together with their filled-out entry form and waiver for minor age participants via email to [phi@uww.org](mailto:phi@uww.org). For inquiries, they may contact Lester Del Rosario via mobile number at 09673410791.

## 25.26.8 TEAM LEADERS' MEETING AND DRAWS

**25.26.8.1** TBA

## 25.26.9 PROTESTS AND APPEALS

**25.26.9.1** General Guidelines

## 25.26.10 EQUIPMENT AND CLOTHING/UNIFORM

**25.26.10.1** TBA