

25.25 WEIGHTLIFTING

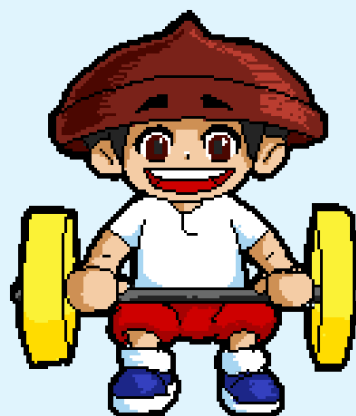
25.25.1 COMPETITION DATES

October 26-30, 2025

25.25.2 COMPETITION VENUE (TBA)

Barangay Labangal Gym

25.25.3 COMPETITION MANAGEMENT



Tournament Director (TD)	Antonio R. Agustin Jr. Phone: 0915-494-9931 Email: aragustin_70@yahoo.com
Assistant Tournament Director (Asst. TD)	Patrick C. Lee Phone: 0943-479-2449 Email: patricklee799217@yahoo.com
Samahang Weightlifting ng Pilipinas Philippine Weightlifting Gym Rizal Memorial Sports Complex P. Ocampo Sr. St., Malate, Manila	

25.25.4 COMPETITION EVENTS

25.25.4.1 Age-Group Categories (10y.o., 11y.o. and 12y.o.)

Girls	10 years old (born 2015) 11 years old (born 2014) 12 years old (born 2013)
Boys	10 years old (born 2015) 11 years old (born 2014) 12 years old (born 2013)

Each team may enter a maximum of two (2) Girls & two (2) Boys athlete in the 10 years old, two (2) Girls & two (2) Boys athlete in the 11 years old, and two (2) Girls & two (2) Boys athlete in the 12 year old Age-Group events **ONLY**.

25.25.4.2 13 years old to 17 years old: (born 2008 to 2012)

There are eight (8) categories for the Boy's and Girl's Division.

Girls	36kg, 40kg, 44kg, 48kg, 53kg, 58kg and 58kg, 63kg, and 63kg+
Boys	38kg, 43kg, 48kg, 52kg, 56kg, 60kg, 65kg and 65kg+

Each team may enter a maximum of eight (8) Boys and eight (8) Girls or equal the number of bodyweight categories on the program of event, in each gender,

whichever is less. The maximum participating team must be spread amongst the bodyweight categories with a maximum of two (2) athletes per category **ONLY**.

Note: The minimum lift in the AGE-GROUP boys and girls Division is 16kg. 15kg Bar will be used. The minimum lift in the 13–17 years old Girls is 16kg and for Boys is 21kg.

25.25.4.3 Bodyweight Categories

NO.	BOYS / MEN		GIRLS / WOMEN	
	Age-Group	13 - 17 years old	Age-Group	13 - 17 years old
1	10 years old	B38	10 years old	G36
2	11 years old	B43	11 years old	G40
3	12 years old	B48	12 years old	G44
4		B52		G48
5		B56		G53
6		B60		G58
7		B65		G63
8		B65+		G63+
	3	8	3	8

25.25.5 COMPETITION SCHEDULE

DAY	DATE	TIME	EVENT
	October 24		Arrival of Delegations
Day 0	October 25	08:00 AM 09:00 AM 10:00 AM 01:00 PM 02:00 PM	Manager's Meeting Verification of Entries Technical Officials Meeting Assembly of Delegates Opening Ceremony
Day 1	October 26	08:00 AM 10:00 AM 01:00 PM 03:00 PM	Weigh-in (All Events/ Category for the Day) Competition Proper – (1st Set) Awarding of Medals Competition Proper – (2nd Set) Awarding of Medals Competition Proper – (3rd Set) Awarding of Medals
Day 2	October 27	08:00 AM 10:00 AM 01:00 PM 03:00 PM	Weigh-in (All Events/ Category for the Day) Competition Proper – (4th Set) Awarding of Medals Competition Proper – (5th Set) Awarding of Medals Competition Proper – (6th Set) Awarding of Medals
Day 3	October 28	08:00 AM 10:00 AM 01:00 PM	Weigh-in (All Events/ Category for the Day) Competition Proper – (7th Set) Awarding of Medals Competition Proper – (8th Set)



		03:00 PM	Awarding of Medals Competition Proper – (9th Set) Awarding of Medals
Day 4	October 29	08:00 AM 10:00 AM 01:00 PM 03:00 PM	Weigh-in (All Events/ Category for the Day) Competition Proper – (10th Set) Awarding of Medals Competition Proper – (11th Set) Awarding of Medals Competition Proper – (12th Set) Awarding of Medals
Day 5	October 30	08:00 AM 10:00 AM 01:00 PM	Weigh-in (All Events/ Category for the Day) Competition Proper – (13th Set) Awarding of Medals Competition Proper – (14th Set) Awarding of Medals Closing
Day 6	October 31		Departure of Delegates

Note: Competition schedules are subject to change, depending on the number of entries per Division.

25.25.6 ELIGIBILITY

25.25.6.1 The 2025 Batang Pinoy Championships is a competition for Filipino Youth ages 17 years old and below.

25.25.6.2 The participants shall be classified under Two (2) Events: Age group (10 y.o born 2015, 11 y.o born 2014 and 12 y.o born 2013) and 13 – 17 years old. (Born 2008 to 2012).

25.25.6.3 An athlete should participate as a member of the official delegation of a province or chartered city ONLY. **Municipal or barangay-level endorsement of athletes shall NOT be accepted.**

25.25.6.4 An athlete should be a Filipino citizen, whether by birth or naturalization. A Fil-foreign athlete may participate as long as he/she represents a particular LGU.

25.25.6.5 An athlete may represent only ONE (1) LGU.

25.25.6.6 An athlete should have resided in his/her represented LGU for at least two (2) YEARS. Endorsed athletes shall be presumed to meet the residency requirements unless proven otherwise through a formal protest by any party.

25.25.6.7 Participation in the Batang Pinoy is for FREE (no entry/participation fee to be collected).

25.25.7 COMPETITION RULES & REGULATIONS

The competitions will be held in accordance with the latest International Weightlifting Federation (IWF) Technical and Competition Rules & Regulation (TCRR). Body weight categories have been modified to suit the age group event.

25.25.8 COMPETITION FORMAT

25.25.8.1 LGU Entry Form A (Summary of Entry by Number) certified by the LGU Head or Administrator indicating the numbers of the following:

- 25.25.8.1.1 Participating athletes per sport
- 25.25.8.1.2 Coaches per sports
- 25.25.8.1.3 Delegation Officials (the Head of Delegation should be an LGU official)
- 25.25.8.2 LGU Entry Form A-1** (Entry by Name per Event) indicating the following:
 - 25.25.8.2.1 Name of participating athletes per event (based on birth certificate)
 - 25.25.8.2.2 Ages of participating athletes per event.
- 25.25.8.3 Medical Clearance** and Waiver of Liability Form to be signed by the athlete, parent/legal guardian and physician designated by the LGU or parents/legal guardian.
- 25.25.8.4** Certified true copy of athlete's birth certificate issued by the Philippine Statistics Authority.

25.25.9 NUMBER OF ENTRIES (14 GIRLS & 14 BOYS)

Age Group- Each team may enter a maximum of six (6) Boys and six (6) Girls in the 10 y.o., 11 y.o., and 12 y.o. event with a maximum of two (2) athlete per age bracket **ONLY**.

13 to 17 years old- Each team may enter a maximum of eight (8) Boys and eight (8) Girls or equal the number of bodyweight categories on the program of event, in each gender, whichever is less. The maximum participating team must be spread amongst the bodyweight categories with a maximum of Two (2) athletes per category **ONLY**.

25.25.10 TEAM LEADERS' MEETING AND DRAWS

Schedule on the 25th of October 2025 at 8:00 in the morning.

25.25.11 PROTESTS AND APPEALS

- 25.25.11.1 PROTEST On Athlete's** eligibility must be filed before the start of the Awarding of Medal with the Tournament Director. Filing of protest when the awarding of a medal has already started shall not be accepted.
- 25.25.11.2 PROTEST On Referee's** calls or decisions must be raised to the Jury President/ Tournament Director within the prescribed period based on COMPETITION TECHNICAL RULES AND REGULATIONS by the International Weightlifting Federation.
- 25.25.11.3 APPEAL** on the decision rendered by the Tournament Director/Jury President based on protest must be filed with the BP Jury of Appeals within two (2) hours after the decision has been rendered.
- 25.25.11.4** A non-refundable **APPEAL FEE** of Five Thousand Pesos (PhP5,000.00) shall be paid by the petitioning delegation or LGU.

25.25.12 EQUIPMENT AND CLOTHING/UNIFORM

- 25.25.12.1** Each participant from its team/clubs is required to wear the proper competition uniform during the competition.
- 25.25.12.2** In the absence of weightlifting shoes, Sneakers can be a substitute, but no sandals or slippers allowed for athlete's safety.
- 25.25.12.3** In the absence of a weightlifting suit, cycling shorts can be used and team uniform shirts. No short/ boxer shorts are allowed during the competition.

25.25.13 TRAINING SCHEDULE



TIME	OCT 22	OCT 23	OCT 24	OCT 25	OCT 26	OCT 27	OCT 28	OCT 29
08:00 – 09:00 AM	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GROUP 6	GROUP 7	GROUP 8
09:30 – 11:00 AM	GROUP 8	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GROUP 6	GROUP 7
11:00 AM – 12:30 PM	GROUP 7	GROUP 8	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GROUP 6
12:30 – 02:00 PM	GROUP 6	GROUP 7	GROUP 8	GROUP 1	GROUP 2	GROUP 3	GROUP 4	GROUP 5
02:00 – 03:30 PM	GROUP 5	GROUP 6	GROUP 7	GROUP 8	GROUP 1	GROUP 2	GROUP 3	GROUP 4
03:30 – 05:00 PM	GROUP 4	GROUP 5	GROUP 6	GROUP 7	GROUP 8	GROUP 1	GROUP 2	GROUP 3
05:00 – 06:30 PM	GROUP 3	GROUP 4	GROUP 5	GROUP 6	GROUP 7	GROUP 8	GROUP 1	GROUP 2
06:30 – 08:00 PM	GROUP 2	GROUP 3	GROUP 4	GROUP 5	GROUP 6	GROUP 7	GROUP 8	GROUP 1