

25.17 KICKBOXING

25.17.1 COMPETITION DATES

October 27 – 30, 2025

25.17.2 COMPETITION VENUES

Robinson's Atrium/ Food Court

25.17.3 COMPETITION MANAGEMENT



Tournament Director	Roselyn T. Hung
Asst. Tournament Director	Bryan S. Olod
<p><i>Samahang Kickboxing ng Pilipinas</i></p> <p>Facebook: Samahang Kickboxing ng Pilipinas Instagram: samahangkickboxingpilipinas Email: samahangkickboxing.ph@gmail.com Phone: 091752148861 / 09989875563</p>	

25.17.4 COMPETITION EVENTS

The Kickboxing competition will consist of one (1) tatami style (Kick Light) with weight categories shown on the table below.

Time Duration				
Older Cadets (OC): 2 rounds by 2:00 minutes with 1 minute break				
Juniors (J): 3 rounds by 2:00 with 1 minute break				
Event/s	Category	Age	Male (kg)	Female (kg)
Kick Light	Older Cadets (OC)	12 – 14	-42, -47, -52	-42, -46
	Juniors (J)	15 - 17	-47, -52, -57, -63	-46, -50

25.17.5 COMPETITION SCHEDULE

DATE	EVENT
October 25, 2025	2025 Batang Pinoy Opening Solidarity
October 26, 2025	Rules Orientation
	Weigh-In and Medical
	Team Managers Meeting
	Draw lots and Ramification
October 27, 2025	Opening and Elimination
October 28, 2025	Quarter
October 29, 2025	Semi-Finals
October 30, 2025	Finals and Awarding Ceremony

25.17.6 ELIGIBILITY

The competitor's Year of Birth must be:

25.17.6.1 Older Cadets: 12 – 14 years old (2013 – 2011)

25.17.6.2 Juniors: 15 – 17 years old (2010 – 2008)

25.17.7 COMPETITION RULES AND REGULATIONS

The technical rules presented hereafter is adapted from the current rules and regulations by the World Association of Kickboxing Organization- International Federation (WAKO IF) and the Asian Kickboxing Confederation (WAKO ASIA), approved and duly noted by the National Technical Committee and the National Officials of the Samahang Kickboxing ng Pilipinas Inc. (SKP). SKP is the National Sports Association (NSA) in charge of the development of Kickboxing Sports in the country, a regular member of the Philippine Olympic Committee (POC) and recognized by the Philippine Sports Commission (PSC).



25.17.7.1 Athletes' Medical Check-up and Weigh In

All kickboxers are required to undergo a medical check-up before weighing-in. Medical check-up must be done during the general weigh-in period usually scheduled a day before the official start of the competition. As per WAKO Rules' Technical Handbook, all Kickboxers who are scheduled to compete during that day must weigh early in the morning. This rule goes to all participants from Cadets to Masters Class. Athletes must sign the waiver signed by the Registered Medical Officer given by the Batang Pinoy Organizing Committee to be submitted on the day of weigh-in.

25.17.7.2 Draw Lots and Ramification of Bouts

Draw lots and Ramification of Bouts will be done at the Team Manager's Meeting and it will be after the scheduled weigh-in and medical check-up. Only the Team Managers, Head Coach or Team Captain of each team is allowed in the draw.

25.17.7.3 Illegal Techniques, Behavior, and Disqualification

25.17.7.3.1 Kickboxers

- 25.17.7.3.1.1 Attacks with any technique other than regulation
- 25.17.7.3.1.2 Turn ones back on the opponent, run away, fall down
- 25.17.7.3.1.3 To perform somersault kicks
- 25.17.7.3.1.4 Attack an opponent who is caught between the ropes
- 25.17.7.3.1.5 Attack an opponent who is falling to the floor or is already on the floor
- 25.17.7.3.1.6 Continuing after the command "stop" or "break" or end of the round has been given
- 25.17.7.3.1.7 To oil the face or the body (Vaseline is allowed)
- 25.17.7.3.1.8 To spit out or drop the mouthguard voluntarily
- 25.17.7.3.1.9 Attacking or verbally abusing on Official either inside or outside the mats
- 25.17.7.3.1.10 Attack an opponent on the ground

25.17.7.3.2 Disqualification

- 25.17.7.3.2.1 If given four (4) Official Warnings by Central Reree
- 25.17.7.3.2.2 Excessive exit tatami exit, fourth (4) times
- 25.17.7.3.2.3 Knocks the opponent by an uncontrolled strike to the head or malicious attack
- 25.17.7.3.2.4 Knocking out the opponent by an uncontrolled blow to the head or malicious attack
- 25.17.7.3.2.5 For excessive, continuous hitting after the "stop" command
- 25.17.7.3.2.6 By extreme unsportsman-like conduct of kickboxers such as insulting the Central Referee, Judges, the opponent or coaches
- 25.17.7.3.2.7 Showing aggressive behaviour

**In difficult cases, the central referee may also call out a disqualification without having given warning beforehand, but only after having consulted his judges (majority decision) and observer of tatami*

25.17.7.3.3 Coaches/ Coaches Second

- 25.17.7.3.3.1 Inappropriately Arguing/Commenting Referee/Judge's decision
- 25.17.7.3.3.2 Inappropriately Arguing/Commenting on the score given or not given
- 25.17.7.3.3.3 Attacking or verbally abusing on Official either inside or outside the mats
- 25.17.7.3.3.4 Warning given to the seconds counted against the kickboxer

** The referee has the right to give an official warning to the athlete who is not ready for the fight or came late to the fighting area (MATS). If the athlete comes to the Mats inappropriately dressed, he/she will not be disqualified immediately; instead, they will be given 2 minutes to remedy the matter. If the 2 minutes time is expired and the athlete is not ready, the athlete will be DISQUALIFIED.*

25.17.7.4 Legal Techniques

LEGAL TECHNIQUES	
Hand Techniques	Kicking Techniques
Jab Coss/ Straight Uppercut Hook	Front Kick Side Kick Roundhouse Kick Hook Kick Crescent Kick
(Additional Hand Technique for Point Fighting) Ridge Hand Back Fist (Spinning not allowed)	Axe Kick Jumping Kicks Spinning Kicks Using Shin Foot Sweep

25.17.7.5 Legal Target Areas

LEGAL TARGET AREAS		
HEAD	BODY	LEGS
Front Side Forehead Top	Front Side	Hip Thigh (Below ankle/Mid-calf)





25.17.8 COMPETITION FORMAT

25.17.8.1 Scoring

SCORING		
1 POINT	2 POINTS	3 POINTS
<ul style="list-style-type: none"> Punch Kick to the body Kick the thighs Foot sweep leading the opponent to touch the floor with any part of the body 	<ul style="list-style-type: none"> Kick to the head Spinning or Turning kick to the body Jumping kick to the body 	<ul style="list-style-type: none"> Jumping kick to head (Jumping kick, only awarded if kickboxer is still in the air when the technique is landed)

**All techniques must be used with "reasonable" power*

**Reasonable power mean, not too hard and not too soft. A technique should be delivered with purpose and intent.*

In Kick Light: if one kickboxer achieved advantage of minimum 15 points with at least two judges, then the fight is stopped and the kickboxer ahead by points will be declared as winner

25.17.8.1.1 Scoring Criteria

25.17.8.1.1.1 A legal technique strikes a legal target

25.17.8.1.1.2 Good technique with absolute balance

25.17.8.1.1.3 Full power and speed

25.17.8.1.1.4 Looking at the point of contact

25.17.8.1.1.5 Good timing and correct distance

25.17.8.1.1.6 Sporting Attitude

25.17.8.1.1.7 No Score

25.17.8.1.1.7.1 If they are contrary to the regulations

- 25.17.8.1.1.7.2** If they land on the arms
- 25.17.8.1.1.7.3** If they are weak and do not come from legs, body or shoulders
- 25.17.8.1.1.7.4** If they are partly deviated or blocked
- 25.17.8.1.1.7.5** If they simple touch, brushes or pushes an opponent
- 25.17.8.1.1.7.6** If the kickboxers lose their balance or fall down while hitting or sweeping

25.17.8.1.2 In Times of Draw

If the match ends, by one or more judges, in a draw (equal points after 3 rounds), to determine a winner, the electronic scoring system will automatically assign the win to the fighter with the highest points in the last round.

25.17.8.2 Awards and Recognition

Athletes will be receiving medals and certificates. A Gold medal for the 1st Rank, Silver medal for 2nd and two (2) Bronze Medals as per Olympic Sports Standard.

25.17.9 NUMBER OF ENTRIES (Per Event)

25.17.9.1 Team Composition

- 25.17.9.1.1** 1 Team Manager
- 25.17.9.1.2** 2 Coach, 1 Second

25.17.9.2 Kick Light

- 25.17.9.2.1** Older Cadets: 12 – 14 years old (2013 – 2011)
- 25.17.9.2.1.1** Male: 3 (maximum of 3 participants in each weight category per LGU)
- 25.17.9.2.1.2** Female: 2 (maximum of 3 participants in each weight category per LGU)
- 25.17.9.2.2** Juniors: 15 – 17 years old (2010 – 2008)
- 25.17.9.2.2.1** Male: 4 (maximum of 3 participants in each weight category per LGU)
- 25.17.9.2.2.2** Female: 2 (maximum of 3 participants in each weight category per LGU)

25.17.9.3 Registration

- 25.17.9.3.1** Registration is FREE (c/o LGU)
- 25.17.9.3.2** The team must send their athletes and coaches pertinent documents / requirements (required by the Batang Pinoy Organizing Committee) through their LGU's Sports Office on or before the scheduled deadline posted.
- 25.17.9.3.3** Team Manager must submit their official master list of entry to their LGU's Sports Office (Form B of Batang Pinoy)
- 25.17.9.3.4** All athletes must submit a Certified True Copy of Birth Certificate and other requirements for Batang Pinoy

25.17.10 TEAM LEADERS' MEETING AND DRAWS (TBA)

25.17.10.1 xxx

25.17.11 PROTESTS AND APPEALS

All appeals must be in accordance with the process provided in the Rules and Regulation of the World Association of Kickboxing Organization (WAKO) and the Asian Kickboxing Confederation (WAKO Asia).

25.17.12 EQUIPMENT AND CLOTHING/UNIFORM



25.17.12.1 Fighting Attire

All fighters must use the appropriate Kickboxing competition uniform, kickboxing sleeveless or singlet and kickboxing competition Shorts during the competition. No other martial arts uniform is allowed to be used during the event. Violation of this rule is tantamount to Disqualification.

25.17.12.2 Gears and Equipment

All gears and equipment will be provided by the Batang Pinoy Organizing Committee. Athletes will also be wearing the hand wraps provided by the Batang Pinoy Organizing Committee (if there is available).

