



# WRESTLING ASSOCIATION OF THE PHILIPPINES

National Wrestling Gym, 3<sup>rd</sup>floor, SMAP Bldg., Rizal Memorial Sports Complex, Manila

### Technical Guidelines for WRESTLING Batang Pinoy

• The Wrestling portion of the event shall showcase Wrestling Freestyle and Women's Wrestling, Greco – Roman, Grappling Gi, and Grappling No-Gi

### • Events per Group

We shall have three (3) age groups for the wrestling events. There are:

1. Kids 3 (12-13 years old)

2. U15 (14-15 years old)

3. U17 (16-17 years old)

• Weight Division for Wrestling Freestyle and Women's Wrestling The weight division for the following age group.

### • KIDS 3 (12-13 years old)

Boys 1. 26kg 2. 32kg 3. 35kg 4. 38kg 5. 42kg 6. 47kg 7. 53kg	Girls 1. 32kg 2. 36kg 3. 40kg 4. 44kg 5. 48kg 6. 52kg
8. 59kg	

# • U15 (14-15 years old)

Boys	Girls
1. 35kg	1. 34kg
2. 41kg	2. 38kg
3. 44kg	3. 42kg
4. 48kg	4. 46kg
5. 52kg	5. 50kg
6. 57kg	6. 54kg
7. 62kg	
8. 68kg	

# • U17 (16-17 years old)

# Weight Division for Wrestling Greco Roman

The weight division for the following age group

• KIDS 3 (12-13 years old)	<ul> <li>U15 (14-15 years old)</li> </ul>	<ul> <li>U17 (16-17 years old)</li> </ul>
Boys	Boys	Boys
1. 26kg	1. 35kg	1. 45kg
2. 32kg	2. 41kg	2. 48kg
3. 35kg	3. 44kg	3. 51kg
4. 38kg	4. 48kg	4. 55kg
5. 42kg	5. 52kg	5. 60kg
6. 47kg	6. 57kg	6. 65kg
7. 53kg	7. 62kg	7. 71kg
8. 59kg	8. 68kg	8. 80kg

# • Weight Division for Grappling Gi and No-Gi

The weight division for the following age group.

# • U13 (12-13 years old)

Boys	Girls
1. 35kg	1. 41kg
2. 41kg	2. 45kg
3. 50kg	3. 48kg

# • U15 (14-15 years old)

Boys	Girls
1. 47kg	1. 43kg
2. 51kg	2. 47kg
3. 55kg	3. 51kg

# • CADETS (16-17 years old)

Boys	Girls
1. 48kg	1. 45kg
2. 54kg	2. 49kg
3. 58kg	3. 53kg

# WRESTLING GUIDELINES

#### • Venue and Schedule

The venue will be in Puerto Princesa Palawan, the event proper shall be held on **December 15 to December 21 2024.** 

#### **Schedule of Events:**

- 1. December 15, 2024 Ingress
- 2. December 16, 2024

10AM Team Managers Meeting and Solidarity Meeting 12PM Technical Meeting and Draw Lots for Batang Pinoy 3PM Assembly Time 5PM Parade & Opening Ceremony

#### 3. December 17, 2024

Wrestling Kids 3 7AM Weigh-ins 9AM Game Proper

### 4. December 18, 2024

Wrestling U15 7AM Weigh-ins 9AM Game Proper

#### 5. December 19, 2024

Wrestling U17 7AM Weigh-ins 9AM Game Proper

#### 6. December 20, 2024

<u>Grappling Gi & Grappling No-Gi (Kids 3, U15, U17)</u> 7AM Weigh-ins 9AM Game Proper

2PM Awarding Ceremony

7. December 21, 2024 - Egress

#### • Ground Rules

- The UWW International rules, which all of our coaches are familiar with, will be strictly observed.
- We will be also using the new and updated rules of the UWW in this event.
- Each LGU team is allowed to have two (2) participants per weight category in the event, but not allowed for double entry for each style.
- All LGU teams must submit their final entries on December 1, 2024 together with their filled out entry form and waiver for minor age participants via email to <u>phi@uww.org.</u> For inquiries, they may contact Lester Del Rosario via mobile number at 09673410791.
- No gold medal will be given to a weight class with only one registered entry; there
  must always be 2 or more entries per weight class for its competition to be
  officially held, and its winner to be awarded accordingly.

In such cases of lone entries, the technical officials in consultation with the concerned coaches shall assign the particular athletes to a higher weight class where they will compete with the other participants.

The technical officials, to the best of their ability, shall ensure that the wrestler will compete in another weight class that is only one category higher than his/her actual weight class – to avoid playing against a competitor who is two weight classes heavier for **safety reasons**.

- Each participant is allowed only 30 minutes to make weight after he/she is first called to officially weigh in the scale.
- Each participant is required to wear a competition uniform upon entering the mats.