



# Batang Pinoy



## BATANG PINOY 2024



### PENCAK SILAT TECHNICAL HANDBOOK

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After the successful staging of the first face-to-face Pencak Silat competition post-Covid-19 last December 2023, the **Philippine Sports Commission (PSC)** and through the support of the National Sports Association of Pencak Silat, **Philsilat Sports Association, Inc.**, is staging a newer and better **Batang Pinoy** events that will give more opportunities for our **Junior Pesilats** to prepare them to bigger competitions nationwide such as the **Philippine National Games (PNG)**, **Women Sports Combat Festival** (both organized by PSC); **Palarong Pambansa** (organized by DepEd) and; **Sultan's Cup** being organized by Philsilat. Further, this new version of **Batang Pinoy** will open doors to greater prospects for winners to explore international arenas such as the World and Asian Pencak Silat Junior Championships, the ASEAN Schools Games ( through the Dept. of Education); and eventually being part of the National Training Pool ( NTP) in the future since Philsilat Sports Association source its NTP Pool members from the past winners of Batang Pinoy Championships.

This year's edition of **Batang Pinoy** will be the beginning of some changes in the competition entries. Starting this year **Batang Pinoy** will be competed by **Junior Age Categories only from age 12 years old up to 17 years old, with 2 Age Bracket Categories:**

**1. Junior Novice - 12-14 years old**

**2. Junior Elite 0 15-17 years old**

As in the previous Batang Pinoy, we will follow the New Rules of Competition( November 2023 Version 7) set by the International Pencak Silat Federation or PERSILAT. All Weight Categories in Tanding for Junior category will be played and all Seni Events. Will likewise be played.

Pencak Silat Competitions are performed in principles of brotherhood and knightly feelings by using elements of self-defense, arts, and Pencak Silat sports technique and by highly honoring the IKRAR PESILAT (PESILAT PLEDGE).

#### **PARTICIPATION GUIDE AND ELIGIBILITY:**

1. Open to **pesilats** from **12 years of Age to 17 years of age, years of age as of December 22, 2024**, or as stated in the Batang Pinoy 2024 General Guidelines.
2. Age Category must be followed based on the grouping below:
  - a. **Junior Novice - 12-14 years old** (Boys and Girls)
  - b. **Junior Elite - 14-17 years old** (Boys and Girls)

Only the above age group categories are eligible to join the 2024 Batang Pinoy. Proof of age in the form of Certified True Copy of the athlete's Birth Certificate printed using security paper issued by the Philippine Statistics Authority (formerly known as NSO) must be submitted to the PSC Tournament Secretariat.

3. A pesilat or pencak silat athlete ( in the 2 Age Sub-Group Categories) can be registered in several multiple Event Categories ( maximum of 4 events, such as : 3 in Seni Events and or Tanding or one may opt for 4 Seni Events ) as long as it is within his/her Age Sub-Group Category.

For Tanding, participating LGUs may enter in any Tanding Weight Category only one (1) athlete per weight category for both boys and girls Events. Tanding (Combat) competitor is allowed to register to maximum of three (3) Artistic / Seni (Bebas, Tunggal,Ganda,Regu) events.

**4. NUMBER OF ENTRIES PER EVENT:**

Each LGU is allowed to field in the maximum of entries per event per age category:

- a. **Junior Novice** - One (01) Entry per Event Category  
   **Seni** ( Bebas, Tunggal, Ganda, Regu)  
   **Tanding** - One (01) Entry per Weight Category

- b. **Junior Elite** – One (01) Entry per Event Category  
   **Seni** ( Bebas, Tunggal, Ganda, Regu)  
   **Tanding** - One (01) Entry per Weight Category

**AS A RULE** , for an Event to push through there must be at least **four (04) LGUs** fielding in an entry for each Event Category.

A pesilat or pencak silat athlete can be registered in multiple Seni events and in one (1) Tanding category as well as long as he/she is within his/her weight class and Age Sub-group.

**5. Only Accredited/Recognized /Licensed Coach of Philsilat Sports Association, Inc.** are eligible to serve as coach of a Team or pesilat during competition. This is pursuant to Memo P-7 8/12/2020, and adoption locally of the Memo P-11 2/3/2023 of Pencak Silat International Federation (PERSILAT ) in national competitions.

**EVENT CATEGORIES:**

<b>SENI CATEGORIES</b>	<b>BEBAS</b>	<b>TUNGGAL</b>	<b>GANDA</b>	<b>REGU</b>
<b>Junior Novice</b> (12-14 years old)	<i>Boys/Girls</i>	<i>Boys/Girls</i>	<i>Boys/Girls</i>	<i>Boys/Girls</i>
<b>Junior Elite</b> (15-17 years old)				
<b>TANDING CATEGORIES</b>	<b>BOYS</b>		<b>GIRLS</b>	
	<b>Class S</b>	<b>Under 39 kgs</b>	<b>Class S</b>	<b>Under 39 kgs</b>
	<b>Class A</b>	<b>39- 43 kgs</b>	<b>Class A</b>	<b>39-43 kgs</b>
	<b>Class B</b>	<b>43- 47 kgs</b>	<b>Class B</b>	<b>43-47 kgs</b>
	<b>Class C</b>	<b>47- 51 kgs</b>	<b>Class C</b>	<b>47- 51 kgs</b>
	<b>Class D</b>	<b>51- 55 kgs</b>	<b>Class D</b>	<b>51- 55 kgs</b>
	<b>Class E</b>	<b>55 - 59 kgs</b>	<b>Class E</b>	<b>55 - 59 kgs</b>
	<b>Class F</b>	<b>59 - 63 kgs</b>	<b>Class F</b>	<b>59 - 63 kgs</b>
	<b>Class G</b>	<b>63 - 67 kgs</b>	<b>Class G</b>	<b>63 - 67 kgs</b>
	<b>Class H</b>	<b>67 - 71 kgs</b>	<b>Class H</b>	<b>67 - 71 kgs</b>
	<b>Class I</b>	<b>71 - 75 kgs</b>	<b>Class I</b>	<b>71 - 75 kgs</b>
	<b>Class J</b>	<b>75 - 79 kgs</b>	<b>Class J</b>	<b>75 - 79 kgs</b>

	<b>Class K</b>	<b>79 – 83 kgs</b>		
	<b>Class L</b>	<b>83 - 87 kgs</b>		
	<b>Open 1</b>	<b>87 – 100 kgs</b>		

6. LGU must register and submit their **Entry By Number ( Form A)** and **Entry By Name ( Form B)** via **email** at [batangpinoysecretariat@gmail.com](mailto:batangpinoysecretariat@gmail.com) . The Team Manager/Coach should provide PHILSILAT a copy of Entry By Name (**Form B**) during registration day to confirm entry of event to be participated in by each athlete.

Each competing athlete or Pesilat must submit a Medical Certificate, using the form provided in this Technical Guideline ( See Annex C) signed and issued by a licensed Medical Doctor or Physician. Certification date must not exceed one (1) month before the competition regardless of the competition category. Submission of the medical form is on the registration day or upon weigh-in.

A Pesilat who fails to present the medical certification before weight-in will be disqualified from competing in the competition. The Organizing Committee may recommend certain doctor/hospital in the Host City, cost will be borne by the competitor’s team.

7. Team Manager or Coach is allowed to “Correct “ entry by name during the registration day only. Change of Entry By Name should be conducted through the Batang Pinoy Secretariat and should follow the deadline, Terms and Conditions, set by PSC and BP 2024 Secretariat.

8. Draw lots will be done during Technical Meetings with the Team Manager or Coach as representatives of the LGUs. Venue for the Technical Meeting will be announced by the Organizing Committee.

9. Each participant will be issued with an official accreditation card/pass by the Batang Pinoy 2024 Secretariat organizer as a valid proof of qualifications for an athlete.



## **COMPETITION RULES AND REGULATIONS:**

### **1. Competition Rules**

The Pencak Silat Seni competition of the 2024 Batang Pinoy Games will be held following the Rules of Competition set by the organizers, the Batang Pinoy Secretariat and the Philippine Sports Commission (PSC); and with the current International Pencak Silat Federation (PERSILAT) Competition Rules (as of November 2023, Version 7), under the guidance and management of the Tournament Director (TD) appointed by Philsilat Sports Association, Inc.

Any unforeseen cases not covered by the Rules and Regulations shall be resolved as follows:

- a. General Issues: To be resolved in accordance with the Batang Pinoy Games General Rules and Guidelines.
- b. Technical Issues: To be resolved following the PERSILAT Rules and Regulations based on the November 2023 Version 7 New Rules.

### **2. Competition System**

#### **a. Match Duration**

##### **a.1 Seni (Artistic)**

- **Tunggal, Ganda and Regu**, competing athletes are given 3 minutes to perform in the gelanggang.
- **Bebas ( Solo Creative)** - The duration of time allocated for each performance is between 1 minute up to 3 minutes maximum.

##### **a.2 Tanding (Match) Duration :**

##### **3 rounds of 2 minutes, with 1 minute break in betwe**

- Time will stop each time the Wasit stops the fight.
- Timekeeper will strike the gong to indicate the start and end of each round.
- Timekeeper will clap the clapper at 50-seconds during break time to indicate that athletes must return to the arena for the next round

### **3. Seni (Artistic ) Weapons Allowed**

#### **a. Single (Tunggal) Category**

- Long knife (Golok or Parang) measuring about 30 - 40cm and its made of metal and blunt (No sharp corners).
- Toya/Long Stick/Tembung made out of natural rattan with the length between 150 - 180cm long and with a diameter of 2.5 - 3.5cm
- These weapons **MUST** be inspected by the competition committee before the starting of the competition

#### **b. Double (Ganda) Category**

- Besides the mentioned weapons of the same specifications as in the Single Category, competitors are allowed to use an additional (Optional) Nusantara weapon such as the "Keris", "Pisau", "Celurit" or a pair of "Trisula" as stated in the Pencak Silat Competition Rules & Regulations book. These weapons **MUST** also be inspected by the competition committee before the starting of the competition.

The Team Manager of the participating countries must submit the “Synopsis Form” for Doubles (Ganda) category before the starting of the competition.

**c. Team (Regu) Category**

The team (Regu) category is a category of Pencak Silat competition which it is performed by 3 (Three) athletes from the same team performing their skills (Repertoire) in a compulsory manner correctly, with accuracy, firmness, complete with the expressions, synchronization and compact with empty hands according to the rules and regulations applied for Regu category.

**d. Solo Creative**

- All participants must be in their own respective style of attire and performance in accordance to their own stance/identity/Perguruan).
- All competitors must begin their performance with empty handed (No weapons) followed by the usage of weaponry for the following sessions. There are no restrictions on the duration on time of these two sessions as long as it is completed within the allocated time of 3 (Three) minutes.
- All competitors are STRICTLY PROHIBITED from using the steps (Jurus) of Tunggal and/or Regu.
- Each competitors is allowed to use 2 (Two) type of weapon listed in the Malay/ Nusantara traditional weapons (Eg: “Keris”, “Pisau”, “Celurit “Trisula”, “Tombak”, “Kerambit”, “Sundang”, etc.) These choice of weapons must be inspected by the Organizing Committee before the competition Starts.

The organizer will NOT BE PROVIDING any choice of weapons for this category.

The competitors will be judged by their criteria of Pencak Silat movements, the forms of the Pencak Silat and the discipline of the performances starting from the beginning till the ending of the performance.

**NOTE:** Inspection of weapons will be done at a designated time and place before each competition that will require as such ( Bebas, Tunggal and Ganda). Please submit **FORM D upon Call for Athletes by the Weapon Inspector.**

#### 4. Match/Tanding

##### a. VALID POINTS.

Only hits within the “TOGOK” or armor is considered a validating and scoring area. Togok covers the trunk area of the body, this EXCLUDES the neck upwards, and area from the navel downwards to the groin. TOGOK includes the following:



a.1. Chest

a.2. Abdomen (navel upwards)

a.3. Left and right ribs

a.4. Back part of the trunk  
covered by the TOGOK

NOTE: Limbs cannot be targeted for the safety of our young athletes.

a.5. All Valid take downs as specified in the New Rules of Competition as of November 2023 Version 7 will be considered.

b. **TECHNIQUES ALLOWED** in Pencak Silat Competition of Article 14 of International Pencak Silat Federation or (PERSILAT) New Rules of Competition (version 7 as of November 2023) will be adopted except for the following Techniques:

- Catch the Leg & Twist the Foot,
- Technique 1 : Locking of Hand & Dropping,
- Technique 2 : Locking of Hand & Dropping (frontal)
- Technique 3 : Locking of Hand & Dropping
- Technique 4 : Locking of Hand & Dropping Single Hand Throw, Shoulder Throw, Powerlift Overhead Throw, Forearm Roll to the Thigh, Overhead Throw, Figure Four, Leg Over Leg, Hand Twister, Twister, Powerlift Single Leg Throw Backwards, Powerbomb, Single Hand Side Drop, Single Hand Roundabout, Shoulder Spiral Downwards, Elbow Twister, Two Legs Thrust to the Back, Twist & Drop Outside, Twist Drop Inside, Ankle Twist

##### c. Weigh-in for Tanding

c.1 Weigh-in for Tanding Match will be conducted once daily , in the morning at 8:30am before each fight and must be witnessed by officials from both teams

c.2. No measuring tolerance in body weight is allowed.

c.3. The weigh-in is carried out 15 (fifteen) minutes before the start of every match according to the schedule of competition.



c.4/ During weight-in, Pesilat are allowed to wear underwear or any light materials, for privacy athletes are allowed to cover themselves with any cloth for modesty sake .

c.5. For Girls, only female Technical Officials shall witness their weigh-in. Further, they are allowed to wear the Pencak Silat uniform or Baju use for competition, dry, without belt, without any protective gears ( genitals & protective joints).

c.6. A Pesilat (athlete) whose weight fails to meet his/her class requirements during weigh-in will be disqualified from the competition.

c.7. The weight-in officials and officials from both teams should sign the Weigh-in Form which is provided by the Organizing Committee.

c.8. The weight-in officials are appointed by the Tournament Director.

**IMPORTANT NOTE:** For safety purposes, all Tanding athletes must provide their own mouthpiece, shin guards, arm guard, and groin guard.

**NON-WEARING OF THE ABOVE MENTIONED PROTECTIVE GEARS , will cause disqualification for a competing athlete .** Match will not begin unless protective gears are all worn by the competing athlete.

#### **d. Scoring**

Competing athlete may win a contest via the following means:

- d.1. Win by Points Score
- d.2. Win by Technical knock Out (TKO)
- d.3. Win by Absolute Victory
- d.4. Win by Referee Stop Contest (RSC)
- d.5. Win by Walk Over (WO)
- d.7. Win by Disqualification

The organizer will be using the "PERSILAT's Digital Scoring System and Video-Assisted Replay (VAR) for transparency and fairness of scoring and judging

The Automated SCORE or Result will be announced immediately as soon as the Validation and Checking of Tabulation is done by the Council of Jury.

**e. The decision of the jury is absolute and cannot be contested,** we do hope that the Coaches and Athletes competing will obey this rule. If a Coach or Athlete wishes to file for an objection of the results, they should follow the Rules of PERSILAT in filing for an objection

## 5. Protests

- a. A request for the 'Protest Form' must be made within 10 minutes after result of the competition has been announced. Strictly no protest will be entertained ten (10) minutes after the result of the winner is declared by a referee.
- b. Claims and protest can be made only at the Jury of Appeal by the Team Manager in writing within the following 20 minutes, the completed form must be returned to the Jury of Appeal including the protest fee of PhP 5,000.00 in cash.
- c. Result of the protest that will be declared after a thorough review and investigation by the Jury of Appeal is **irrevocable and absolutely final**.
- d. protest fee will be refunded to the Team Manager if the protest appeal is accepted and approved by the Jury of Appeal. However, should the protest appeal is unsuccessful, the protest fee will be forfeited.
- e. Protest shall be based on Article 13 of the PERSILAT Rules. The decision of referee is final.

## 6. Game Officials and Technical Officials

The competition will have several Event Categories, in each session there will be a different set of Technical Officials : Chairman (KP) , Council of Juries (Dewan) , Wasit-Juries, and Game Secretary.

## 7. REFEREES / JURORS

- f. The competitions will be conducted by an NSA Licensed Referees & Jurors holding an International or National License Certificate issued by Philsilat Sports Association, Inc.
- g. Participating LGU or Chapter may nominate one referee / juror to be part of the Technical Officials that will conduct the competition fairly, orderly and in smooth manner. However, the Appointment of Technical Officials will be done at the discretion of the PHILSILAT Sports Association's Tournament Director.
- h. A refresher course or workshop will be conducted by PHILSILAT appointed Game Chairman two (2) days prior the competition proper.
- i. Referees/Jurors would need to arrive in the morning of the start of the Refresher Course (2 days before the start of the Tournament)

## **Winners Medals and Over-all Champions**

Each Winner for all Categories will receive the following recognition:

### **Tanding Match Category**

**1st Place - Gold Medal and Certificate in each category.**

**2nd Place - Silver Medal, Medal and Certificate in each category**

**3rd Place - 2 Bronze Medals and 2 Certificates in each category**

### **Seni Category**

**1st Place - Gold Medal and Certificate in each category.**

**2nd Place - Silver Medal, Medal and Certificate in each category**

**3rd Place - 2 Bronze Medals and 2 Certificates in each category**

No Cash incentives or any monetary prize shall be given to any winners.

## **TECHNICAL MEETING AND DRAW LOTS**

There shall be a technical meeting of the Team Managers or Coaches and followed by draw lots of competitors for the match sequence. Technical meeting for all qualifying rounds will take place 1 day before the start of the competition. . Time and venue will be determined and announced during official registration day.

## **GENERAL MATTERS**

Any matters that will arise during the competition proper which is not stated herein the competition system is subject to the final decision of the Tournament Director and the Jury of Appeal.

## **MANDATORY DOCUMENTS TO BE SUBMITTED BY BATANG PINOY 2024 PARTICIPANTS**

### **THE FOLLOWING ARE PROOF OF ELIGIBILITY OF ATHLETES**

- Birth Certificate (Certified True Copy) printed using Security Paper and issued by the Philippine Statistics Authority .
- LGU Endorsement from any of the following officials (Governor, Mayor or their duly appointed Sports Coordinator or Barangay Chairman)
- LGU ENTRY FORM – It is a Delegation Master List indicating the names, sports and ages of the participating athletes to be certified by the above officials (see B).
- Waiver of Medical Liability to be signed by the LGU representative or Coach

## **8. Protocol, Etiquette & Discipline**

The protocol, etiquette & discipline for attire during the 2024 Batang Pinoy are as follows:

### **a. Opening Ceremony / Closing Ceremony and Medal Presentation**

- Official team tracksuit/uniform or Standard Pencak Silat attire.

### **b. During Competition**

- Match – Standard Pencak Silat attire
- Artistic – According to the International Pencak Silat Competition Rules and Regulations

## **9. Yellow & Red Card**

All accredited persons (Technical Officials, Team Officials, Coaches and Athletes) are required to adhere to the code of ethics. Failing to observe the code of Ethics may cause a penalty card to be issued to them as stated in article 18 of the International Pencak Silat Competition Rules & Regulation (Version 7, as of November 2024).

Misbehavior of coaches, players and delegation members, friends and relatives shall be dealt with in accordance to Article 10 of the International Rules of PERSILAT.

Smoking in any form is not allowed in the tournament premises. The tournament manager has the power to give orders the peace and order committee to send the subject outside the tournament premises.

## **10. The discipline during ceremonies & competition are as follows:**

- All participants must be on time and present in every ceremony & event according to the official schedule.
- Participants must at all time, show good personal appearance with a good attitude and the spirit of sportsmanship.
- Participants should attend and adhere to any ceremony in an orderly manner and must not make any noise or disturbances which can disturb the solemnity of the ceremony.
- A strict “Disciplinary Action” will be taken towards any athlete who will disobey or with a bad attitude.
- No abusive and vulgarities language/words at all time.
- No indecent hand gestures or signs at all time (Eg: Middle finger, etc.)
- Strictly NO RACIAL or SEXUAL discriminations.

**NOTE:**

***All accredited person involved in the Pencak Silat event is binded by the International Pencak Silat Competition Rules & Regulation(Version 7, as of November 2024) during games period as Stated in Article 2.2 . Any personnel who are found to breach the Code of Ethics, the Disciplinary Committee will act accordingly to the seriousness of the case.***

\*\* IF ANY OF THE ABOVE MENTIONED ITEMS UNDER SECTION 7.D (Items 7.d.4 – 7.d.7), AND ESPECIALLY VIOLATIONS OF ARTICLES 2.2 AND 18 HAS BEEN COMMITTED OR NOT ADHERED TO OR FOLLOWED, THE ENTIRE TEAM MAY SUFER SERIOUS CONSEQUENCES SUCH AS , WILL BE BARRED AND SENT HOME IMMEDIATELY AT THEIR OWN COSTS AND ARRANGEMENTS.

APPROVAL OF THE COMPETITION/ TECHNICAL HANDBOOK

This Technical Handbook was approved by Philsilat Sports Association, Inc. and  
Philippine Sports Commission

Any further amendments shall be circulated via emails or any forms of communication to the respective Participating Teams from time to time.