

2024 BATANG PINOY (*TAEKWONDO*)

TECHNICAL GUIDELINES FOR KYORUGI AND POOMSAE

I. SCHEDULE OF EVENTS

Referee Refresher Course	TBA
Weigh-in	
Competition Proper	TBA
Poomsae / Kyorugi	

II. QUALIFICATIONS FOR PARTICIPATION

1. Competitors must be duly endorsed by their respective LGUs.
2. Open to Red, Brown, and Black belts.
3. Competitor's Year of Birth 2007 to 2012

Note: Competitors may only join either the kyorugi or the poomsae event.

(COMPETITORS CANNOT JOIN BOTH KYORUGI AND POOMSAE.)

National Team members are required to join the National Batang Pinoy

III. REGISTRATION REQUIREMENTS

1. Registration Fee: FREE OF CHARGE
 - A. LGUs must submit their documents in the PSC channels on or before the scheduled deadline.
 - B. Strictly no new applications will be accepted on competition day.
2. Only Official Competition Forms provided in the PSC will be accepted.
3. Competitors must register in their age division.
 - Juniors Division – 2007 – 2009
 - Cadet Division – 2010 - 2012

Note: LGUs may only Register a **maximum number of Competitors:**

- | | |
|---------|---|
| Kyorugi | - One (1) player per Age division / Weight Category |
| Poomsae | - One (1) entry per Age Division / Category |

IV. KYORUGI EVENT

A. WEIGH-IN

- All competitors must present their BP ID during the weigh-in
Competitors who were not able to weigh in are not eligible to compete.
 - **No ID No weigh in.**
 - **No weigh-in will be conducted during the competition.**
- i. Weigh-in Attire: The players' attire during weigh-in shall be a shirt with shorts, jogging pants, or dobok pants. Footwear, socks, and jewelry shall be removed prior to weigh in

- ii. Pre-Weigh-in: The organizing committee shall provide a pre-weigh-in set-up at the official weigh-in venue where the players can check their weight prior to the final weigh-in.
- iii. Final Weigh-In:
 - Where there is a pre-weigh-in set-up, players may only weigh in once for the final weigh-in. In the absence of a pre-weigh-in set-up, players will be given only two chances to weigh in.
 - OFFICIAL WEIGHT LIMITS WILL BE STRICTLY FOLLOWED. NO ALLOWANCES ON THE REGISTERED WEIGHT CATEGORIES WILL BE GIVEN UPON WEIGH-IN.
 - Fighting Weight of Competitors:
 - A player must compete in the weight category registered in the final weigh-in.
 - Players will not be allowed to compete in categories other than what was registered in the final weigh-in (Ex: Fin weight competing in Fly weight) except when categories are merged as decided on by the organizing committee.
- iv. PLAYERS WHO DO NOT MEET THEIR SUBMITTED WEIGHT OR HEIGHT SHALL BE DISQUALIFIED.

B. DIVISIONS AND CATEGORIES

Junior Division (2007 – 2009)

WEIGHT CATEGORY	MEN	WOMEN
FIN	45 kg. and below	42 kg. and below
FLY	over 45 – 48 kg.	over 42 – 44 kg.
BANTAM	over 48 – 51 kg.	over 44 – 46 kg.
FEATHER	over 51 – 55 kg.	Over 46 – 49 kg.
LIGHT	over 55 – 59 kg.	over 49 – 52 kg.
WELTER	over 59 – 63 kg.	over 52 – 55 kg.
LT. MIDDLE	over 63 – 68 kg.	over 55 – 59 kg.
MIDDLE	over 68 – 73 kg.	over 59 – 63 kg.
LT. HEAVY	over 73 – 78 kg.	over 63 – 68 kg.
HEAVY	over 78 kg.	over 68 kg.

Cadet Division (2010 – 2012)

Men		Women		
CATEGORY	Cadet Competitor's Max Height		Cadet Competitor's Max Height	
1 st Category	Under 148cm	Not exceeding 148 cm	Under 144cm	Not exceeding 144 cm
2 nd Category	Under 152cm	Over 148 cm but not exceeding 152 cm	Under 148cm	Over 144 cm but not exceeding 148 cm

3 rd Category	Under 156 cm	Over 152 cm but not exceeding 156 cm	Under 152cm	Over 148 cm but not exceeding 152 cm
4 th Category	Under 160cm	Over 156 cm but not exceeding 160 cm	Under 156cm	Over 152 cm but not exceeding 156 cm
5 th Category	Under 164cm	Over 160 cm but not exceeding 164 cm	Under 160cm	Over 156 cm but not exceeding 160 cm
6 th Category	Under 168cm	Over 164 cm but not exceeding 168 cm	Under 164cm	Over 160 cm but not exceeding 164 cm
7 th Category	Under 172cm	Over 168 cm but not exceeding 172 cm	Under 168cm	Over 164 cm but not exceeding 168 cm
8 th Category	Under 176cm	Over 172 cm but not exceeding 176 cm	Under 172cm	Over 168 cm but not exceeding 172 cm
9 th Category	Under 180cm	Over 176 cm but not exceeding 180 cm	Under 176cm	Over 172 cm but not exceeding 176 cm
10 th Category	Over 180cm	Over 180 cm	Over 176 cm	Over 176 cm

C. COMPETITION MECHANICS

1. Method of competition
 - a. Individual competition between competitors of the same category.
 - i. Competitors can only join one category per event.
 - b. The competition will follow the Single Elimination Tournament System.
 - c. Elimination and Quarter Final Matches will be two (2) rounds of continuous scores and gam-jeom.
 - d. For the Semi-finals and Final Matches, the Best of Three (3) system (see III. COMPETITON, 10. Winning a Match, b.) will be used.
2. Divisions and Categories
 - a. There will be a division between male and female competitors (see Annex A).
 - b. The competitors' division will follow their respective YEAR OF BIRTH (see Annex A)
 - c. Each division is separated into different categories (see Annex A)
 - i. Categories should have a minimum of four (4) competitors.
 - ii. Categories with three (3) or fewer competitors will be merged to adjacent categories until the minimum number of four (4) competitors is reached in the merged category.
3. Drawing of lots

An automatic system for the drawing of lots will be used by the organizing committee.

4. Competitors from the same gym in the same category

In case 2 or more players coming from the same chapter are in the same category, these players will not meet in the first match unless a “bye” is drawn by one player (a “bye” is considered a match win).

5. Scoring System

- a. The KPNP will be used as the Protector and Scoring System (PSS) during the competition.
- b. Permitted techniques.
 - i. Fist technique: using the knuckles of a tightly clenched fist to deliver a straight punching technique to the opponent’s trunk protector.
 - ii. Foot technique: kicks delivered to the trunk or the head using any part of the foot below the ankle bone.
- c. Valid points
 - i. Point(s) shall be awarded when a permitted technique is delivered to the colored area of the trunk protector with a proper level of impact.
 - ii. Points shall be awarded when a permitted technique is delivered to the head protector.
- d. Different valid points
 - i. One (1) point for a valid punch to the trunk protector
 - ii. Two (2) points for a valid kick to the trunk protector
 - iii. Four (4) points for a valid turning kick to the trunk protector
 - iv. Three (3) points for a valid kick to the head protector
 - v. Five (5) points for a valid turning kick to the head protector
 - vi. One (1) point is awarded for every one “Gam-jeom” (see Prohibited Acts and Penalties iii) given to the opponent

6. Prohibited Acts and Penalties

- a. Penalties shall be decided by the referee.
- b. Prohibited acts (see Annex C) shall be penalized with a “Gam-jeom” by the referee
- c. A “Gam-jeom” shall be counted as one (1) point for the opposing contestant

7. Invalidation of Points

Recorded points will be invalidated when a competitor acquires the score right after the execution of a prohibited act. The referee would declare the penalty for the prohibited act and invalidate the acquired score.

8. Appeal Card

- a. The Appeal Card is the means for the coach to object to a judgment of the refereeing officials during the contest and request for a correction of the decision.
- b. The situations a coach can use the Appeal Card are the following.
 - i. Penalties against the opponent for instances of falling down or crossing the boundary line or attacking the opponent after "Kal yeo" or attacking the fallen opponent.
 - ii. Technical point.
 - iii. Any penalty against own contestant.
 - iv. Any mechanical malfunction or error in time management.
 - v. When the referee forgot to invalidate point(s) after "Gam-jeom" was given for the prohibited act.
 - vi. Wrong identification of fist attacking contestant by the judge.
 - vii. Head kick that is not scored.
- c. When an appeal is requested, the assigned referees of the court will convene.
- d. If the appeal is successful and the contested request is corrected, the coach shall retain the appeal right for the pertinent contest.
- e. If the appeal is not successful, the coach shall forfeit the right to appeal to the pertinent contest.
- f. The decision of the convening referees is final and no further appeals during the contest or protest after the contest will be accepted.

D. WINNING A MATCH

Using the Best of Three (3) System, the competitor winning the most number of matches in three (3) rounds wins the match.

- a. Winning a Round in the Best of Three System
 - i. Winning by points: The competitor who has acquired more points in a round wins that round.
 - ii. Winning by point gap: In case of a twelve (12) point difference between the athletes, the referee will stop the contest and declare the competitor with more score the winner of the round.
 - iii. Winning by "Gam-jeom:" When a competitor receives five (5) "Gam-jeom" in a round, the opponent will be declared the winner of the round.
- b. Round with Tied-Scores

The round winner shall be decided by superiority based on the following order of criteria.

 - i. Most points are scored by turning or spinning kick.
 - ii. If the number of turning and spinning kicks are the same, the competitor who has more scores using higher value techniques, is in the following order.
 - A. Head
 - B. Trunk
 - C. Punch
 - D. "Gam-jeom"

- iii. If the high-value points are the same, the competitor with the higher number of registered hits.
- iv. If the three (3) above criteria are the same, the referee and judges shall determine superiority.

V. POOMSAE EVENT

A. TABLE OF AGE DIVISIONS, CATEGORY, AND REQUIRED POOMSAE

(Contestants may compete in a maximum of two (2) POOMSAE events only.)

CADET (2010 – 2012)

CATEGORY	ELIMINATIONS	FINALS
Individual Boys Individual Girls	Taegeuk 6	Taegeuk 7 / Koryo
Mixed Pair 2 Players (1 Male, 1 Female)	Taegeuk 5	Koryo / Taegeuk 7
Team Cadet Team Male (3 Players) Cadet Team Female (3 Players)	Taegeuk 5	Koryo / Taegeuk 8

JUNIOR (2007 – 2009)

CATEGORY	ELIMINATIONS	FINALS
Individual Boys Individual Girls	Taegeuk 8	Keumgang / Koryo
Mixed Pair 2 Players (1 Male, 1 Female)	Koryo	Taegeuk 5 / Keumgang
Team Junior Team Male (3 Players) Junior Team Female (3 Players)	Taegeuk 6	Taegeuk 8 / Koryo

B. METHOD OF COMPETITION

The cut-off system shall be applied in this competition. It shall comprise of eliminations, and final rounds:

1. Eliminations:
 - Over 16 contestants, top 10 shall qualify for final round
 - 11 to 15 contestants, top 8 shall qualify for final round

- 10 contestants and below, shall proceed immediately to Finals
2. Final: Contestants shall perform the required poomsae for the final round and the top four contestants shall be selected and ranked accordingly.

Note: The organizer may revise the cut--off system in the case when there are fewer than sixteen competitors for the division.

C. DURATION OF CONTEST

The time limit for the performance of the required Poomsae in all events (Individual, Team and Pair) shall be 1 minute 30 seconds.

VI. GENERAL PROVISIONS

1. The WT Competition Codes of Conduct shall be strictly enforced.
2. For all other matters not provided for in these ground rules, the WTF Competition Rules and Interpretation's latest revision shall apply.
3. Uniforms and Equipment: All contestants shall use only the recognized Taekwondo competition uniform (dobok) and equipment of the Philippine Taekwondo Association or World Taekwondo. All contestants shall provide their own competition equipment (arm & shin guards, groin guard, hand gloves, transparent or white mouth guard).
4. Contestants ID: All competitors must wear their BP ID. Only competitors wearing their BP ID will be allowed to enter the venue for free.
5. Only coaches wearing their BP ID can coach and enter the FOP.
Only coaches wearing their BP ID will be allowed to enter the venue for free.
6. Coaches' Attire: Coaches are required to wear collared shirt, or collared shirt, and coach's vest. No slippers or sandals, caps, sleeveless shirts will be allowed.
9. Referees: Only National and Regional Referees who have passed the course for the current rules shall serve during the competition. They shall serve full-time.

VII. AWARDS

Medals shall be awarded to the winners of each category

First Place	: Gold medal	+ certificate
Second Place	: Silver medal	+ certificate
Third Place (2)	: Bronze medal	+ certificate

VIII. MEDAL REQUIREMENT

MEDALS	KYORUGI (JR/CADET)	POOMSAE	TOTAL
Gold	40	20	60
Silver	40	20	60
Bronze	80	40	120
Best Referees	2		2
GRAND TOTAL	162	80	242

IX. ORGANIZING COMMITTEE

Tournament Manager for Kyorugi -	EMMA BONYAD
Tournament Manager for Poomsae -	LORAINÉ LORELIE CATALAN

X. COORDINATING CENTER and CONTACT NUMBERS

Philippine Taekwondo Association Central Gymnasium

Rizal Memorial Sports Complex, Pablo Ocampo Sr. St, Malate, Manila

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