

# 2024 BATANG PINOY NATIONAL CHAMPIONSHIPS

December 15-21, 2024

# TECHNICAL GUIDELINES FOR BOXING

## I. Rules and Regulations

World Boxing Competition Rules dated February 2024

## II. Bout Format

School Boys: Three (3) rounds of one and a half (1 1/2) minutes per round and 1-minute interval between rounds

Junior Boys & Girls: Three (3) rounds of Two (2) minutes per round and a 1-minute interval between rounds

## III. Scoring Criteria

The approved Scoring System is based on the "Ten Point Must" System.

10 - 9 - Close Round

10 - 8 - Clear Winner

10 - 7 - Total Dominance

## IV. Eligibility

- A. Only PSC-accredited athletes aged 13-16 can participate in boxing and belong to the Age Classifications listed below. *(Note: Boxer's age is computed by subtracting his year of birth from the year of the Competition)*
- B. Must be physically fit as certified by a Medical Doctor within one month from the first day of the competition
- C. Must belong to a team endorsed by their respective Local Government Unit
- D. Eligibility of boxers on medical-related issues shall be referred to Rule 2.5 of the World Boxing Competition rules.

### III. Age Classification and Weight Categories

AGE CLASSIFICATION	AGE	YEAR OF BIRTH	WEIGHT RANGE
School Boys	13-14 y/o	2010- 2011	38 kg- 40 kg
School Boys	13-14 y/o	2010- 2011	Over 40 kg- 42 kg

School Boys	13-14 y/o	2010- 2011	Over 42 kg- 44 kg
Junior Boys	15-16 y/o	2008-2009	44 kg - 46 kg
Junior Boys	15-16 y/o	2008-2009	Over 46 kg- 48 kg
Junior Boys	15-16 y/o	2008-2009	Over 48 kg- 50 kg
Junior Boys	15-16 y/o	2008-2009	Over 50 kg- 52 kg
Junior Boys	15-16 y/o	2008-2009	Over 52 kg- 54 kg
Junior Boys	15-16 y/o	2008-2009	Over 54kg -57 kg
Junior Girls	15-16 y/o	2008-2009	Over 50 kg- 52 kg
Junior Girls	15-16 y/o	2008-2009	Over 52 kg- 54 kg
Junior Girls	15-16 y/o	2008-2009	Over 54 kg- 57 kg

*Note: Boxer's age is computed by subtracting his year of birth from the year of the Competition.*

### IV. Number of Boxers per Team

**A. Each team may send up to Ten (10) boxers only representing each weight category as listed above.**

B. These boxers will be listed on the Entry Form to be submitted during the Boxing Entries Check

### V. Boxing Entries Check

A. One day before the first day of the actual boxing competition, the Boxing Entry Check shall take place. The Tournament Delegate may adjust this due to time constraints or in consideration of the scheduled activities before the opening of the

Competition. All team delegations must attend to confirm their participation.

- B. During the Boxing Entries Check, the registered Coach or Team Manager shall submit their **Official Final Entry** (only one boxer per category is allowed) and shall present all of the following to pass the Boxing Entries Check:
  - 1. Authentic 2023 PSC-Batang Pinoy Identification Card of each boxer.
  - 2. Boxer's Record Book of each boxer fully accomplished and attached with 2" x 2" ID picture
  - 3. Copy of the Medical Certificate submitted to PSC (issued within 1 month from the first day of the competition)
  - 4. A pair of boxer's uniform
  - 5. A signed declaration of Non-Pregnancy by any guardian of Women Boxers under 18 years old.
- C. Please refer to Rule 5.2 World Boxing Competition Rules for other provisions on the Boxing Entries Check.

#### **VI. Official Draw**

- A. Official Draw shall be conducted right after the Boxing Entries Check.
- B. The Official Boxers Draw will be conducted electronically unless otherwise justified by technical failure.
- C. The Weight Categories of Boxers confirmed at the Boxing Entries Check will be final for the official Boxers' Draw.
- D. Each team may send up to three (2) representatives to attend the Draw.
- E. Following the Official Boxers' Draw, the Technical Delegate will approve and the LOC will publish the Competition Schedule.

#### **VII. Daily Weigh-In**

- A. Daily Weigh-ins and Medical Check take place from 7:00 am to 8:00 am only on each competition day. Only the boxer scheduled to box on the day shall be checked and weighed.
- B. The weight registered in the Boxing Entries Check decides the Boxer's Weight Category for the entire competition.
- C. During the Boxer's first daily weigh-in of the competition, both the minimum and the maximum weights are controlled. The boxer's weight must not exceed the maximum weight limit nor below the minimum weight limit. On the succeeding boxer's daily weigh-in, only the maximum weight limit shall be controlled
- E. The Weigh-In must be conducted by Competition Officials appointed by the Technical Delegate. Team representatives or Coaches are not allowed in the

Weigh in areas or rooms.

F. Boxers who do not comply with the requirements shall not be allowed to compete.

### **VIII. Compulsory Count Limits**

A. School Boys: Two (2) Knockdowns in a bout.

B. Junior Boys: Two (2) Knockdowns in a round, or three (3) knockdowns in a bout.

**Note: A "down" or a "count" caused by a foul shall not be counted in the compulsory count limit**

### **X. Boxer's Uniform and Accessories**

A. Boxers must wear uniforms predominantly of the color corresponding to their respective corner (red or blue).

B. Boxers must wear a vest and shorts or skirts. The length of the shorts or the skirts must not be shorter than mid-thigh, must not cover the knee and must not be worn above the belt line

C. The belt line is an imaginary line from the navel to the top of the hips and must not cover the navel. The belt line must be clearly identified by a contrasting color to the short/skirt and vest must be 5-10cm wide.

D. A boxer must wear athletic footwear such as shoes or light boots without spikes or heels.

E. A boxer may wear socks but it must not cover the knee. No boxer shall be allowed to box with any tape on his body or uniform except a kinesiology taping at the back and below his waist.

F. All boxers must wear a Gumshield during every Bout, and any color of mouthpiece may be worn. The team shall provide the Gumshields for their Boxers.

**G. No boxer shall be allowed to box not wearing the proper uniform**

### **XI. Seconds**

**A.** Each Boxer is entitled to be accompanied to the ring by up to three Seconds. However, only two (2) Seconds may mount the apron of the ring and one (1) may enter the ring.

**B.** Seconds must leave the ring and the apron prior to the start of each round, and must remove seats, towels, buckets, etc, from the platform of the ring.

**C.** Seconds must have a towel for the Boxer during the Bout. A Second may indicate the

retirement of the Boxer by mounting the apron and throwing the towel into the Ring when this Boxer is considered to be unfit or unable to continue boxing, except when the Referee is in the course of counting.

D. Seconds can only use transparent bottles.

E. Seconds can carry ice bags, Enswell, 4x4 gauze padding and swabs.

F. Seconds should be identified by wearing their respective uniforms. Sports attire like tracksuits, T-shirts and caps can only be worn.

## **XII. Prohibited Actions**

A. Seconds must remain seated during the rounds in the designated seating area

B. Seconds are not allowed to leave their designated area, touch the ring, clap, address the Technical Officials, opposing Boxer or Seconds during a Bout.

C. Seconds are not allowed to cause any type of scandal in the Field of the Play or take any other action that may be deemed unsportsmanlike behavior.

D. Seconds are not allowed to use cameras or communication devices in the Field of Play, such as, but not limited to, smartphones, tablet PCs, walkie-talkies, headsets, radios, etc

E. Seconds are not allowed to administer supplemental oxygen or inhaler to boxers during the bout.

## **XIII. Sanctions**

**1. A Second receives a caution for a first violation**

**2. A Second receives a warning and be placed outside the Field of Play for a second violation**

**3. A Second can be completely suspended from the Competition by the Technical Delegate for a third violation**

## **XIV. PROTEST**

**There is no protest is permitted. Bout decisions are final.**

## **XIV. BOXING EQUIPMENT**

A. The Philippine Sports Commission shall provide gloves, Head Guards, and Cup Protectors

B. Boxing equipment must be returned to the Equipment Manager immediately after use.

## **XV. REFEREES AND JUDGES AND TECHNICAL OFFICIALS**

- A. In all Competitions, each Bout must be controlled by a Referee, who will officiate in the ring but will not score the Bout. In each Bout, five (5) judges will be assigned and will score each round ringside according to the scoring criteria.
- B. Referees and Judges and Technical Officials must be certified by ABAP for any Boxing Competitions

## **XVI. AWARDS: PSC will provide the following awards and prizes.**

- A. Medals: A gold medal will be awarded to the champion in each Weight Category, a silver medal to the runner-up, and Bronze medals to the 2 losers in the semi-finals.
- B. Certificate of Participation shall be awarded to all Boxers and Coaches and a Certificate of Recognition to the winning coaches
- C. Certificate of Appreciation/Recognition for the Technical Officials

## **XVII. Other provisions not specified/stated in this Technical Guidelines shall be supplemented by the latest World Boxing Competition Rules (February 2024) and PSC Rules and Regulations for Batang Pinoy 2024.**

## **XVIII. Awarding Ceremony**

- A. All medalists are encouraged to participate in the Awarding Ceremony.
- B. Medalists should wear their Team Uniform.
- C. There will be ten (12) gold, ten (12) silver and twenty (24) bronze medals to be awarded.

## **XIX. Schedule of Activities**

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Persons Involved</b>
<b>December 14, 2023</b>	<b>08:00 onwards</b>	<b>Arrival and Registration</b>	<b>Technical Officials, Boxers and Coaches</b>
<b>December 15, 2023</b>	<b>08:00 - 12:00</b>	<b>Solidarity Meeting</b>	<b>TD, ATD, Coaches &amp; Team Manager</b>
		<b>&amp; Opening Ceremonies</b>	
	<b>13:00- 18:00</b>	<b>Sport Entries Check and Draw</b>	<b>TD, ATD, Assigned TOs, Coaches</b>

<b>December 16, 2023</b>	<b>07:00 – 08:00</b>	<b>Medical Check and Daily Weigh-in</b>	<b>Technical Officials, Boxers and Coaches</b>
	<b>13:00 onwards</b>	<b>Elimination Bouts</b>	<b>Technical Officials, Boxers and Coaches</b>
<b>December 17, 2023</b>	<b>07:00 – 08:00</b>	<b>Medical Check and Daily Weigh-in</b>	<b>Technical Officials, Boxers and Coaches</b>
	<b>13:00 onwards</b>	<b>Elimination Bouts</b>	<b>Technical Officials, Boxers and Coaches</b>
<b>December 18, 2023</b>	<b>07:00-08:00</b>	<b>Medical Check and Daily Weigh-in</b>	<b>Technical Officials, Boxers and Coaches</b>
	<b>13:00 onwards</b>	<b>Quarter Finals</b>	<b>Technical Officials, Boxers and Coaches</b>
<b>December 19, 2023</b>	<b>07:00 – 08:00</b>	<b>Medical Check and Daily Weigh-in</b>	<b>Technical Officials, Boxers and Coaches</b>
	<b>13:00 onwards</b>	<b>Semi Finals</b>	<b>Technical Officials, Boxers and Coaches</b>
<b>December 20, 2023</b>	<b>07:00 – 08:00</b>	<b>Medical Check and Daily Weigh-in</b>	<b>Technical Officials, Boxers and Coaches</b>
	<b>13:00 onwards</b>	<b>Final Bouts</b>	<b>Technical Officials, Boxers and Coaches</b>
<b>December 21, 2023</b>		<b>Departure</b>	

Prepared by:

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Technical Delegate

# Medical Certificate

## Athlete

NAME:	_____
DATE OF BIRTH:	_____
SIGNATURE:	_____
DATE:	_____

## Medical Doctor

NAME:	_____
TITLE/POSITION:	_____
ADDRESS:	_____
SIGNATURE:	_____
DATE:	_____
COMMENTS:	_____ _____

Fit to Box

Not Fit to Box



# Medical Certificate

## QUESTIONS FOR ATHLETE: IF YES, EXPLAIN

1. Is a doctor currently treating you for anything?

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2. Have you ever been unconscious or had a concussion?

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3. Have you been hit hard in the head in the last 6 weeks?

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4. Have you had any headache in the last 2 weeks?

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5. Do you have any problem with bleeding?

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6. Do you have a history of hepatitis B or hepatitis C or HIV infection?

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7. Does any disease run in your family? Sudden unexpected deaths?

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8. Have you had any surgery?

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9. Have you ever had to stay in a hospital?

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10. Do you have any medical condition?

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# Medical Certificate

MEDICAL CERTIFICATE		ABNORMALITIES		
If Athlete had a Concussion in the past year, please certify that:	Medical Examination following rest period after Concussion was normal. Athlete Fit To Box	Normal	Abnormal	
General Medical Exam	List abnormalities not covered in specific system exams below:			
Mental Status/ Psychological	Brief survey	Normal	Abnormal	
Head	Cranial nerves, eyes, pupil size and reactivity. Fundi. Vision by chart (record)	Normal	Abnormal	
	Mouth, teeth, throat	Normal	Abnormal	
	Ears	Normal	Abnormal	
	Temporomandibular joint	Normal	Abnormal	
Neck	Cervical spine, lymph nodes	Normal	Abnormal	
Chest	Breath sounds, rib tenderness on compression	Normal	Abnormal	
Cardio Vascular System	Pulse/blood pressure (record)	Normal	Abnormal	
	Heart examination: sounds, murmurs, heaves, size, rhythm	Normal	Abnormal	
Orthopedic System	Upper limb: shoulder, wrist, hand, fingers	Normal	Abnormal	
	Lower limb: foot, ankle, knee, hip	Normal	Abnormal	
Neurological System	Reflexes	Normal	Abnormal	
	Verbal responses	Normal	Abnormal	
	Motor responses and balance	Normal	Abnormal	
Allergies	(record)	Yes	No	
	Type of reaction (record)			
Medications used	Name and dosage (record)	Yes	No	

**Any TUE**             **Submitted ?**      **NO**      **YES (if**  
**YES, please**      explain)

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## Declaration of Non-Pregnancy for Girls Boxers aged Under 18 (eighteen)

Date: \_\_\_\_\_

Place: \_\_\_\_\_

Name of Competition: \_\_\_\_\_

I, \_\_\_\_\_, one of the parents / legal guardians of \_\_\_\_\_,  
(*insert name of the Boxer*) and declare, on her behalf, that she is not pregnant.

I understand the seriousness of this statement and accept full responsibility for it. In the case that this declaration is subsequently shown to be inaccurate or untrue and \_\_\_\_\_, (*insert name of the Boxer*)

suffers any related injury or damage during the competition, I on behalf of \_\_\_\_\_, (*insert name of the Boxer*), her heirs, executors and administrators, waive and release any and all claims for damages she may have against ABAP (including its officials and employees), the organizer of the competition (including the Organizing Committee and the Host Federation) and the Competition Venue owners for such injury or damage.

*[Signature of one of the Parents / Legal Guardian*

Acknowledged by

\_\_\_\_\_  
*[Signature of the Boxer]*